



## Introducing **MUSIC & MEMORY<sup>®</sup>** at Home for Our Families



**As part of our commitment to the highest quality of care, we are pleased to bring the powerful benefits of personalized music to your family.**

Music & Memory is an evidence-based, field-tested program, which helps people living with a wide range of cognitive and physical conditions find renewed joy and connection to life through musical favorites. Our team is trained to help you develop a personalized playlist on a digital music player for your family member's use.

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### **How Does Personalized Music Make a Difference at Home?**

- Helps your family member “age in place” and remain at home longer
- Provides respite and tools for you and in-home care professionals
- Eases the stress of transitioning from one environment to another
- Offers a low-cost, effective option to reduce reliance on mood-altering medications

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### **Who Can Participate?**

Anyone receiving our services can participate in **MUSIC & MEMORY<sup>®</sup>** at Home. There is no charge for this program. Interested? Please contact

**For more information about Music & Memory, visit [musicandmemory.org](https://musicandmemory.org).**